



THE HERMITAGE  
Club  
AT HAYSTACK MOUNTAIN

# epic SkillBuilder

## SKI & BOARD ACADEMY

AT THE HERMITAGE CLUB

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

E-MAIL: \_\_\_\_\_ DATE: \_\_\_\_\_



SNOWSPORTS LEVELS



GREEN

TRY IT  
GETTING IT  
MASTERED IT

### SKI

- I can safely carry and store my equipment
- I know how to put my skis on
- I can walk on snow with my skis on
- I can side step, duck walk and skate
- I can get up by myself
- I can use surface lifts
- I can change direction in a wedge
- I am starting to follow the Responsibility Code
- I can control my speed by using the size of my wedge



BLUE

- I can ride a chairlift
- I can control my speed by turn shape on all green runs
- I can ski switch in a wedge
- I can do hops down the fall-line on a green run
- I can name and statically show 4 different grabs
- I know and follow the responsibility code
- I can turn to stop
- I can pop off a small bump or I can absorb the bump



BLACK

- RACE**
- I can do 4 turns in a row balanced on the outside ski only through the bottom half of the turn
  - I can do a 2 pole jump
  - I can do a smooth 6m+ side slip on groomed terrain

- FREERIDE**
- I can ski easy off piste runs using turn shape to control my speed
  - I understand and obey all closure signs

- PARK**
- I understand and use the Smart Style safety code
  - I can do straight airs off small jumps and natural features
  - I can do a flat-land 180
  - I can go straight on a low flat box
  - I can describe all parts of the halfpipe

TRY IT  
GETTING IT  
MASTERED IT

### BOARD

- I can safely carry and store my equipment
- I can strap my board on
- I can stand up by myself
- I can skate
- I can straight glide
- I can do a J turn in both directions
- I side-slip on both edges
- I can traverse on both edges
- I can do C turns in both directions
- I am starting to follow the responsibility code

- I can ride a chairlift
- I can control my speed by turn shape on all green runs
- I can ride switch in a traverse
- I can do hops down the fall-line on a green run
- I can name and statically show 4 different grabs
- I know and follow the Responsibility Code

- FREERIDE**
- I can ride blue runs using turn shape and size to control my speed I can carve through the bottom of my turn into a traverse

- I can do a 2 pole jump
- I can ride easy off piste runs using turn shape and size to control my speed
- I understand and obey all closure signs

- PARK**
- I understand and use the Smart Style safety code I can do ollies down the fall-line on a green run
  - I can do straight airs off small jumps and natural features
  - I can make switch turns on a green run
  - I can describe the parts of a halfpipe
  - I can 50/50 a low flat box
  - I can do a flat-land 180

**NOTE: All skiers and boarders participating in the following levels must be able to ski or ride confidently in the glades.**



BRONZE

TRY IT  
GETTING IT  
MASTERED IT

**SKI**

**RACE**

- I can do 8 turns in a row balanced on the outside ski only through the bottom half of the turn
- I can do a 4 pole jump
- I can pivot from a straight run to side slip on groomed terrain
- I have skied through gates

**FREERIDE**

- I can traverse through a bumps run in both directions
- I understand what it means to approach, take off, landing

**PARK**

- I can make switch turns parallel at the end of the turn
- I can do switch hops on a green run
- I can do straight airs with 2 different grabs
- I can do a flat-land 360



SILVER

**RACE**

- I can do 4 turns in a row balanced on the outside ski only through the whole turn
- I can do a 6 pole jump
- I can pivot from a 15m straight run to a 6m side slip remaining in a corridor on blue groomed terrain

**FREERIDE**

- I can ski varied lines through the bumps

**PARK**

- I can do straight airs on a jump with 4 different grabs
- I can hop a 180
- I can slide a medium length and height box
- I can do multiple flat-land 360s in both directions



GOLD

**RACE**

- I can do 8 turns in a row balanced on the outside ski only through the whole turn
- I can do a 8 pole jump
- I can pivot from a 15m straight run to a 6m side slip remaining in a corridor, in both directions on blue groomed terrain
- I have skied slalom and giant slalom courses
- I have competed in my first race

**FREERIDE**

- I can ski a direct line through the bumps
- I can ski off piste in all conditions
- I have competed in a freeride event
- I can ski any slope with bumps and steeps

**PARK**

- I can get to the lip of the halfpipe on at least one wall
- I can slide both ways on a low flat box
- I can spin 180s on a jump
- I have tried spinning 360s on a jump
- I have competed in my first pipe and slopestyle event
- I understand and respect park etiquette

TRY IT  
GETTING IT  
MASTERED IT

**BOARD**

**FREERIDE**

- I can ride a black run in control
- I can do a 4 pole jump
- I can carve most of my turn
- I have ridden through gates
- I understand how to pick a line and ride that line off piste
- I understand what it means to approach, take off, landing

**PARK**

- I can ride switch on blue runs
- I can do switch hops down the fall-line on a green run
- I can do straight airs with 2 different grabs
- I can do multiple flat-land 360s in both directions

**FREERIDE**

- I can ride all groomed black runs on the mountain no worries
- I can carve 8 turns and control my speed on blue terrain
- I can ride the whole mountain and vary my lines off piste
- I can traverse through a bumps run in both directions

**PARK**

- I can do straight airs on a jump with 4 different grabs
- I can do presses on a box
- I can board-slide a medium length and height box

**FREERIDE**

- I have ridden a boarder cross or giant slalom course
- I have competed in my first race
- I can ride off piste in all conditions
- I have competed in a freeride event
- I can ride varied lines down a bumps run
- I can ride any slope with bumps and steeps

**PARK**

- I can slide frontside and backside on a box
- I can spin 180s on a jump
- I have tried spinning 360s on a jump
- I have competed in my first pipe and slopestyle event
- I ride switch on all terrain
- I understand and respect park etiquette